**Some Unique Advantages of the UpToParents Family of Resources as**

**Online Co-Parenting Programs**

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The UpToParents Family of Resources include (1) [www.UpToParents.org](http://www.UpToParents.org) (for divorce cases); (2) [www.ProudToParent.org](http://www.ProudToParent.org) (for paternity cases); and (3) [www.WhileWeHeal.org](http://www.WhileWeHeal.org) and [www.NoDivorceToday.org](http://www.NoDivorceToday.org) (for cases of separation and reconciliation).

These websites feature several powerful advantages in the field of co-parenting education.

1. **Open-platform availability with no cost to parents or courts.** Two powerful advantages follow from this free availability of these sites. First, parents have unlimited, around-the-clock, and permanent access to the extensive content on UpToParents.org. They can view—at any time and as often as they like—dozens of excellent videos and articles on the “Parents Corner” link. Additionally, parents can, and often do, invite their co-parents, the children’s grandparents, and other close friends and families to view these materials to elicit their support for better family functioning.

Second, the free UpToParents.org resources avoid the imposition of a number of financial costs and burdens on families and courts themselves. Fees for other programs can be as high as $30-60 per parent (or $60-120 per family). Not only are courts burdened with consideration of waiver petitions, but family and court resources become less available for other useful programming such as parallel live classes and mediation.

1. **In addition to the award-winning curricula for parents in divorce cases and paternity cases, a carefully crafted separate curriculum (**[WhileWeHeal.org](http://www.WhileWeHeal.org) and [NoDivorceToday.org](http://www.NoDivorceToday.org)) **offered at the start of the work** **for parents interested in considering reconciliation or a “No-Divorce-Today Separation.”** The curricula on all four sites are freely available in both English and Spanish, with one-of-a-kind instant translation between languages.
2. **Unparalleled engagement of parents through such strategies as (a) personalized use of children’s names and circumstances, (b) 15 instances of feedback specifically tailored to each parent’s actual responses, and (c) unequaled video, audio, and interactive content.** The narrow curricula in other programs are far surpassed here by an inspiring look at (i) one’s own children’s losses and the dangers to them from parent conflict and (ii) how responding to those children’s needs can be parents’ best way of serving their own interests as well.
3. **A process of self-education and personal restoration.** This relationship- and skills-based curriculum shines a bright light on matters that most parents care deeply about but that can quickly become invisible in divorce. These include children’s huge losses, pain, and risk factors from divorce and parent conflict as well as specific ways that parents can immediately respond appropriately for the sake of children and parents alike.
4. **Powerful written exercises specific to the children and family involved.**
5. **Accommodation of different learning styles, levels of language skills, and family circumstances.** These co-parenting websites are the only ones to employ a unique “layering” curriculum allowing parents to learn according to their particular learning styles, whether that be written pages, videos, interactive articles, or journaling.
6. **Voices of actual children and parents in professionally produced videos.** Examples from the Parents Corner include [**3 Girls' Invisible Pain**](http://www.uptoparents.org/files/English/Videos/3GirlsInvisiblePain/3GirlsInvisiblePain.html) and [**Bonnie and Ross**](http://www.uptoparents.org/files/English/Videos//BonnieAndRoss/BonnieAndRoss.html).

1. **A singularly complete curriculum with over twice the subject matter of other programs, all made possible by a unique interactivity holding parents’ interest.**
2. **Over a decade of testing and improvement with over 100,000 parents in educative and mediation settings.**
3. **A merging function that blends parents’ work into a set of “Agreed Commitments,” a clarifying picture of co-parents’ common interests and goals.**
4. **Complete freedom from the commercial links in other programs that can create both distraction and resentment.**
5. **Superior testing, upkeep, and improvement.**
6. **Exceptional support for courts, other professionals, and parents.**

(a) “Professionals Corner” link with explanatory memoranda to courts and others.

(b) “Parents Corner” link with dozens of videos and articles that parents, grandparents, and other family members regularly describe as eye-opening and powerful.

(c) “Mediate with” link showing how this work can dramatically assist mediation.

(d) Unlimited assistance to courts in implementation and education.

(e) Telephone and email support for parents and professionals.