Some advantages of **UpToParents.org**

1. **An open-platform availability with no cost to parents or courts.** Two powerful advantages follow from this free availability of these sites. First, parents have unlimited, around-the- clock, and permanent access to the extensive content on *UpToParents*. They can view— at any time and as often as they like—dozens of excellent videos and articles. Additionally, parents can, and often do, invite their co-parents, the children's grandparents, and other close friends and families to view these materials to elicit their support for better family functioning.

Second, this free resource avoids the imposition of a number of financial costs and other burdens on families and courts themselves. Fees for other programs can be as high as \$30-60 per parent (or \$60-120 per family). Not only are courts burdened with consideration of waiver petitions, but family and court resources become less available for other useful programming such as parallel live classes and mediation.

- 2. Availability in both English and Spanish, with instantaneous translation between the two.
- 3. Separate curricula for parents in three distinct circumstances: divorce cases, paternity cases, and cases where spouses are open to possible reconciliation. All three curricula are available in both English and Spanish, with one-of-a-kind instant translation between languages.
- 4. Unequalled engagement of parents through such strategies as (a) personalized use of children's names and circumstances, (b) 15 instances of feedback specifically tailored to each parent's actual responses, and (c) unequaled video, audio, and interactive content. The narrow curricula in other programs are far surpassed here by an inspiring look at (i) one's own children's losses and the dangers to them from parent conflict and (ii) how responding to those children's needs can be parents' best way of serving their own interests as well.
- 5. A process of self-education and personal restoration. This relationship-and skills-based curriculum shines a bright light on matters that most parents care deeply about but that can quickly become invisible in the painful processes of separation and divorce. These include children's huge losses, pain, and risk factors from parent conflict as well as specific ways that parents can immediately respond appropriately for the sake of children and parents alike.

- 6. Powerful written exercises specific to the children and family involved.
- 7. **Accommodation of different learning styles, levels of language skills, and family circumstances.** *UpToParents* is the only online resource offering a "layering" curriculum that allows parents to learn according to their particular learning styles, whether that be by written pages, videos, interactive articles, or journaling.
- 8. Voices of actual children and parents in professionally produced videos.
- 9. A singularly complete curriculum with over twice the subject matter of other programs, all made possible by the personalized and interactive presentation that holds parents' interest.
- 10. Over a decade of testing and improvement with over 100,000 parents in educative and mediation settings.
- 11. A merging function that blends parents' work into a set of "Agreed Commitments," a clarifying picture of co-parents' common interests and goals.
- 12. Complete freedom from the commercial links in other programs that can create both distraction and resentment.
- 13. Superior testing, upkeep, and improvement.
- 14. Unparalleled support for courts, other professionals, and parents.